CAMPING AT THE PRESIDIO

CAP Leadership Training
Clothing and Equipment List

Please come wearing the following

- 1 short or long sleeve shirt
- 1 pair long pants
- 1 pair socks (wool preferable)
- 1 pair hiking boots or sturdy sneakers

Please bring the following

- 1 pair socks (wool preferable)
- 1 short or long sleeve shirt
- 1 pair long pants (fleece)
- 1 warm jacket
- 1 waterproof shell or jacket with hood
- 1 other article for layering (fleece vest, wool sweater, etc.)
- 1 hat (wool or fleece)
- 1 hat with brim
- 1 pair gloves or mittens
- 1 pair underwear
- 1 pair light shoes for camp (teva’s or sneakers)
- Bandanna
- Chapstick or lip balm
- Toiletries (only the basics, no showers)
- Daypack
- 1-2 water bottles
- Flashlight or headlamp
- Sunglasses
- 1 cup, bowl, spoon and fork

Optional Items
Binoculars, camera, sunscreen, bug spray, journal, camping knife (Swiss Army or small hunting knife)

The following items will be provided
Sleeping bag, sleeping pad, tent to share, sunblock, bug repellent, and all meals for the duration of the training

*Please note that the Presidio experiences varying weather patterns and it’s recommended that you bring additional warm layers for the evening*